



Do you want to train like an athlete?

We want to learn more about walking in youth with cerebral palsy.

Researchers at Seattle Children's want to find ways to improve and increase walking and activity in youth with cerebral palsy. This research study is for children with cerebral palsy who can walk.

Research is always voluntary!

### Would the study be a good fit for me?

This study might be a good fit for you if:

- You are between 10 and 17 years old
- You are able to walk
- Both legs are affected by cerebral palsy

### What would happen if I took part in the study?

If you decide to take part, you would:

- Walk on a treadmill
- Do leg exercises on special equipment
- Do some walking activities
- Get ultrasound images of your legs
- Wear two small monitors on your ankles
- Parent would fill out questionnaires

There would be 24 treatment visits, plus 4 assessment visits.

Families who take part get \$100 at each of four assessment visits to thank them for their time, for a total of \$400.

There may be possible benefits if you take part in the study.

- Walking may become faster and easier
- Leg strength may improve

**To take part in this research study or for more information, please contact Dr. Kristie Bjornson PT, PhD, MS at [Kristie.Bjornson@seattlechildrens.org](mailto:Kristie.Bjornson@seattlechildrens.org).**

The principal researcher for this study is Dr. Kristie Bjornson at Seattle Children's.