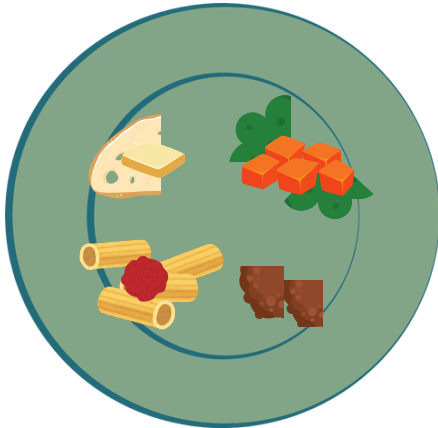
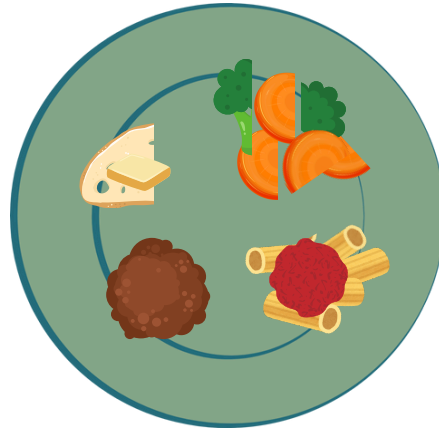


Portions that Grow with Your Child

1 to 3 year old



3 to 5 year old



6 to 12 years old



12 years and older



You decide what foods to offer, and your child decides how much.
Children need portions that are right for their body, age, and activity level.
Enjoy exploring, exposing, and eating together.

