

SPECIALTY REFERRAL GUIDE

OCTOBER 2023

MBC Hospital & Physician Line

Call 855-647-1010

One call to connect providers with what you need.

Patient Transfers & Admissions

- ED transfers
- Direct Admits
- Medical/Surgical
- Intensive Care Unit

Consultation

- ED
- Surgical/Trauma
- Medical Specialty

Specialty Transport Teams

- Pediatric
- Neonatal (253-403-1024)
- Ground/Air

For patients currently admitted or being cared for in one of our acute care units, contact unit directly as listed below:

Pediatric Intensive Care Unit (PICU)

253-403-1434

Medical/Surgical Unit

253-403-1465

Inpatient Pediatric Service (IPS)

- Pediatric hospitalists providing 24/7 care, available to all patients and physicians

Pediatric Emergency Department

253-403-1418

Pediatric Trauma Services

Administrative calls only 253-403-1713
 Call 855-647-1010 for patient transports, transfers, consults

Outpatient – Info Desk

253-403-1419 or 800-552-1419

Hospital – Info Desk

253-403-1400

REFERRALS: Please fax referrals to the green referral # listed. Include brief, pertinent medical records, test results and supporting documentation. Use clinic fax # for Rx/refills.

Specialty Services

Allergy & Immunology

253-383-5777

Fax 253-383-5320

- Allergy testing
- Immunotherapy

Audiology

253-697-5200

Referrals Fax 253-864-3939

Clinic Fax 253-627-5004

- Identify hearing loss
- Hearing aid dispensing

Behavioral Health - Child & Family Services

 MultiCare Behavioral Health

888-445-8120

Accepts referrals for non-medical conditions (ADHD, depression, anxiety, etc.)

Adolescent Behavioral Health at Tacoma General Hospital

Call to Refer 253-403-0556

Unit 253-403-0360

- Major depression
- Anxiety disorders
- Psychosis
- Schizophrenia
- Bipolar disorder
- Thoughts of self-harm
- Inpatient unit for voluntary, involuntary and parent-initiated treatment of ages 13 through 17

Cardiac Surgery

253-403-3527 • **Fax 253-403-3285**

ECHO 253-403-1435

Fax 253-792-6230

Cardiology

Services provided by: NorthWest

Congenital Heart Care: 253-396-4868

Seattle Children's South Sound Cardiology: 253-272-1812

Child Abuse Services

253-403-1478

Fax 253-403-1582

- Child Abuse Prevention
- Children's Advocacy Center
- Parenting Partnership
- Physical & Sexual Assault Intervention

Developmental Behavioral Pediatrics

253-403-4437, option 2

Referrals Fax 253-864-3939

Clinic Fax 253-864-2824

Ear, Nose & Throat (ENT)

253-403-7777

Referrals Fax 253-864-3939

Clinic Fax 253-864-2813

- Upper airway disorders (obstructive sleep symptoms, laryngeal/tracheal abnormalities)
- Sinus/nasal disorders
- Hearing loss and chronic ear disease
- Congenital/benign and malignant neck masses
- Aerodigestive clinic

EEG Lab

253-403-3347

Fax 253-403-3343

VEEG: 253-403-3840

- Neurophysiology



Download latest version and other referral resources at
www.marybridge.org/refer



Endocrinology

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Diabetes - Type 1, 2, monogenic, atypical and cystic fibrosis related diabetes
- Hypoglycemia
- Pituitary disorders
- Thyroid disorders
- Disorders of growth & pubertal development
- Adrenal disorders
- Disorders of calcium and bone health
- Disorders of sexual development
- Genetic endocrine disorders
- Polycystic ovarian syndrome
- Disorders of lipid metabolism

Eye Care (Ophthalmology)

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2812

- Strabismus and eye muscle disorders
- Amblyopia and "lazy eye"
- Evaluation for failed vision screenings and childhood visual development

Gastroenterology & Hepatology

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2810

- Constipation/Encopresis clinic
- GI procedure lab
 - Endoscopy and colonoscopy (Crohn's disease and ulcerative colitis), Infant and childhood GERD, Failure to thrive and Poor weight gain, Pancreatic disorders
- Video capsule endoscopy
- Improved Care Now (ICN) IBD registry
- Liver clinic
- Aerodigestive clinic

Gender Health

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Multidisciplinary transgender care

Genetics

253-403-3476

Referrals Fax 253-864-3939

Clinic Fax 253-864-2803

- Consultation, diagnostic evaluation and referral for treatment for pediatric and adult patients

Hematology & Oncology

253-403-3481

Referrals Fax 253-864-3939

Clinic Fax 253-864-2834

- Complex cancer care coordination
- Comprehensive diagnostic services
- Inpatient and outpatient chemotherapy
- Bleeding disorders / hemophilia / thrombophilia
- Sickle Cell comprehensive care
- Cancer predisposition syndromes e.g. NF1
- Pre-/Post- care for stem cell and bone marrow transplants
- Cancer survivorship care

Home Health, Infusion & Specialty Services

888-881-9850 or 253-403-1833

Fax 253-403-1845

- Home Infusion services
- Enteral & nutritional services
- Home Health
- Phototherapy

Hospice

253-301-6400

Infectious Diseases

253-792-6635

Referrals Fax 253-864-3939

Clinic Fax 253-864-2815

Ambulatory Infusion

253-403-9121 • **Fax 253-403-9122**

- Infusions
- IV line care
- Blood transfusions

Synagis

253-792-6630 • **Fax 253-864-2808**

Maxillofacial Review Board, SW WA

253-403-1559 • **Fax 253-403-7204**

- Coordinates treatment plan for patients with complex maxillofacial conditions

Neonatal Follow-Up

253-697-5200

Referrals Fax 253-864-3939

Clinic Fax 253-403-8674

Provides care and support through neurodevelopmental assessments and guidance at key intervals for infants and children with high risk of developmental delay.

Nephrology & Hypertension

253-403-3240

Referrals Fax 253-864-3939

- Blood in urine
- Chronic kidney disease
- Electrolyte imbalance
- Acid base disorder
- Nephrotic syndrome
- Post-transplant care
- Structural abnormalities of the kidneys

Neurology

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-272-2594

- Electromyography
- Neuromuscular clinic
- Seizure diagnosis & management
- Nerve conduction studies
- Electroencephalography (See EEG lab)
- Headache/migraines
- Sleep disorders
- Tic disorders

Neuropsychology

253-403-4437, option 2

Referrals Fax 253-864-3939

Clinic Fax 253-864-2824

Neurosurgery

253-403-7277

Referrals Fax 253-403-7278

Nutrition

253-792-6630

Referrals Fax 253-864-3939

Specialty clinic patients receive nutrition support coordinated by their specific clinic (Endocrine, GI, Metabolic & Genetics, Pulmonary)

- General nutrition concerns
- Feeding and growth issues
- Ketogenic diet
- Weight & Wellness
- Oncology-related concerns
- Seizure and other neurological disorders

Orthopedics

253-403-1507

Referrals Fax 253-864-3939

Clinic Fax 253-864-2822

Diagnostic evaluation and treatment/surgery for:

- | | |
|--------------------|----------------------------|
| • Trauma | • Sports injuries |
| • Limb deformities | • Hand and foot conditions |
| • Scoliosis | • Spina bifida |
| • Cerebral palsy | • Hip and knee problems |

Palliative Care Services

253-403-3807

Referrals Fax 253-864-3939

Clinic Fax 253-403-7853

- Consultations, goals of care planning, support and coordination for patients and families

Physical Medicine & Rehabilitation

253-403-7850

Referrals Fax 253-864-3939

Clinic Fax 253-864-2819

- Gait analysis
- Medical equipment Rx and modification of home environment
- Coordination of rehab issues with primary care practitioners, specialists, school systems, therapists
- Evaluation of functional deficits

Plastic, Reconstructive & Craniofacial Surgery

253-403-4613

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Ear & facial deformities
- Cleft lip and palate
- Vascular malformations
- Post-traumatic deformities, benign and malignant neoplasms of skin

Pediatric Psychiatry

253-403-4437, option 2

Referral Fax 253-864-2824

Primary Care Psychiatry

Referral Fax: 253-752-6073

- Support for children and adolescents with low to moderate mental health concerns
- Psychiatric evaluation with suspected or diagnosed mental illness, medication management, and referrals for additional services based on individualized treatment objectives

Neonatal Intensive Care Unit (NICU)

Level IV NICU:

Multicare Tacoma General Hospital

253-403-1024 • Fax 253-403-1571

Clinical Manager 253-403-4841

- Largest and only Level IV NICU in SW WA
- Neonatal Transport Team
- Neonatologists onsite 24/7
- Maternal-Fetal Medicine available

Level II NICU:

- Care of premature infants older than 32-34 weeks of gestation

• Providing antibiotic therapy, respiratory care, phototherapy and similar treatments in full term infants

• Managing neonatal withdrawal

• Neonatologist available 24/7

• Supporting the neonate in high-risk deliveries

Multicare Auburn Medical Center

253-545-2522 (34 weeks)

Multicare Good Samaritan Hospital

(Puyallup) (32 weeks)

253-697-5920

- Neonatal nurse practitioners or pediatricians on site 24/7

Surgical Units

Ambulatory Care Unit (ACU)

253-403-9569

(Hospital, Milgard Pavilion, 5th floor)

- Ambulatory surgeries & surgical admissions

Support Services

Breastfeeding Support:

Inpatient & Outpatient IBCLC:

Auburn Medical Center 253-545-2522

Good Samaritan Hospital 253-433-4522

Tacoma General Hospital 253-403-1331

Telemedicine IBCLC/ARNP:

Virtual Breastfeeding Support 253-403-1681
multicare.org/breastfeeding

Breast Pumps and Supplies:

MultiCare Healthy Reflections Boutique –
Gig Harbor 253-530-8118

Good Samaritan Hospital 253-433-4522

Tacoma General Hospital 253-403-3020

Bridges Center for Grieving Children

253-403-1966 • Fax 253-403-1968

- Grief support for families with children ages 4-18 who have had the death of someone significant or a family member experiencing serious illness

Medical Subspecialty Psychiatry

- Provides other physicians and professionals with high quality diagnostic evaluations and treatment planning for complex mental health conditions
- Psychiatric problems complicated by co-morbid other medical/psychiatric conditions, paradoxical or failed medication reactions, psychiatric symptoms in the context of a developmental disorder, and symptoms that don't conform to standard diagnostic categories.
- Telehealth appointments available

Pediatric Psychology (including Biofeedback)

(See also, Neuropsychology)

253-403-4437, option 2

Referrals Fax 253-864-3939

Clinic Fax 253-864-2824

- For complex patients who have psychological challenges related to a medical condition
- Inpatient & outpatient consultation, outpatient therapy, biofeedback
- Telehealth appointments available

Pediatric Sports Medicine

Referrals Fax 253-864-3939

Woodcreek Sports Medicine

253-848-8797

- Sports Medicine & Injury Management
- Diagnosis, Treatment & Prevention
- Concussion Management
- Board Certified, Pediatric & Adolescent Sports Medicine

Orthopedics

253-403-1507

- Diagnose and treat sports injuries

Research & Movement Laboratory

253-697-5268

- Return to play evaluation
- Diagnostic sports evaluation
- Injury prevention screening

Pulmonology

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Asthma
- Bronchoscopy
- Pulmonary function testing
- Chronic Respiratory Clinic
- Respiratory Clinic
- Cystic Fibrosis Clinic
- BiPAP/CPAP

Research / Clinical Studies

253-403-7249 • Fax 253-403-2391

Pediatric clinical research studies are available for a variety of conditions.

www.multicare.org/pedsresearch

Rheumatology

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2821

- All forms of juvenile arthritis
- Pediatric lupus
- Isolated pediatric uveitis

- Fever of unknown origin/recurrent fevers

- Vasculitis

- Juvenile dermatomyositis

- Autoinflammatory syndromes

Sleep Medicine

253-792-6630

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Sleep studies
- Light therapy
- Behavior modification
- CPAP
- Surgical intervention (referral)
- Medications/pharma. intervention

Surgery - General & Thoracic

Level IIP Pediatric Trauma Program

253-403-4613

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

- Hernias, Hydroceles, Undescended testicles
- Appendicitis, Gallbladder disease, GERD
- Pectus, Lung Malformations
- Tumors, Skin Lesions and Bumps
- Neonatal surgery, Pediatric trauma
- Pilonidal disease

Therapy Services

253-697-5200

Referrals Fax 253-864-3939

Clinic Fax 253-864-2811

- Occupational
- Physical
- Assistive Technology
- Research & Movement Lab
- Orthotics
- Speech

RENTON Clinic Fax 425-588-2521

Urology

253-301-5350

Referrals Fax 253-864-3939

Clinic Fax 253-759-3213

- In utero hydronephrosis
- Renal obstruction including UPJ, UVJ, and ureteroceles
- Vesico-Ureteral reflux
- Recurrent UTI's
- Kidney stones
- Undescended Testes
- Hypospadias
- Hydroceles-fluid around the testis
- Hernia
- Meatal stenosis

Wound & Ostomy

253-403-4613

Referrals Fax 253-864-3939

Clinic Fax 253-864-2801

Provider pager for consults: 253-305-4168

- Post-op wounds
- Pressure ulcers
- Traumatic wounds
- Minor burns
- Abscess post I & D care
- Pilonidal cysts
- Diaper rash

Support Services (cont'd)

Center for Childhood Safety

childssafety@multicare.org • 253-403-1234

Car Seat Help Line 253-403-1417

- Car seat inspections
- Life jacket loaners
- Injury prevention programs & consultation
- Patient education materials

Child Life & Family-Centered Care

253-403-5315

- Child Life Specialists
- Emotional support, preparation for procedures, activities and therapeutic play
- Pre-surgical/pre-admission tours
- Family and Teen Partnership Councils

Imaging (Radiology)

Scheduling 253-792-6220

Fax: 253-792-6230

Toll Free 866-268-7223

MBC Hospital

- Digital X-Ray
- CT
- Fluoroscopy
- MRI
- Ultrasound

- Nuclear Medicine
- Interventional Radiology
- Nurse administered Nitrous Oxide program available (VCUGs only)
- Sedation services available

Digital X-Ray only at: MBC – Tacoma, Federal Way, Gig Harbor, Olympia, Puyallup

Other imaging services/locations: Auburn, Covington, Gig Harbor, Olympia, Puyallup

Full List of services at
www.multicare.org/medical-imaging

Lab (LabsNW)

253-403-1187 • Fax 253-403-4339

Locations throughout our region

- Breath Hydrogen
- Sweat Chloride

Immunizations

Information 253-403-1767

- Free immunizations in Pierce County
- First come first served, walk-in
- Bring shot records
- For schedule, visit
marybridge.org/immunizations

Pharmacy (Pediatrics)

MB Outpatient Center

311 South L St, Tacoma

253-403-1411 (M-F, 8:30a-5p)

Fax 253-403-1745

Procedural Sedation

- Available for short stay and inpatient procedures
- Scheduled via Specialty Care

Social Work Services

253-403-1126

Crisis Intervention 24hrs 253-403-1000

Fax 253-403-3007

- Assessments, consultation, support and coordination for patients and families

Women, Infants & Children (WIC)

Tacoma / West Pierce County

253-403-1349 • Fax 253-403-7800

Puyallup / East Pierce County

253-848-0490 • Fax 253-845-7218

- Nutrition and breastfeeding support
- Preventative care for eligible women, infants and children
- WIC sites throughout Pierce County

LOCATIONS AND INFORMATION

Hospital

Mary Bridge Children's Hospital

253-403-1400

317 Martin Luther King Jr. Way

Tacoma, WA 98405

Emergency Department

253-403-1418

Pediatric Urgent Care

Urgent Care and Virtual Urgent Care

Gig Harbor

4700 Point Fosdick Dr., Suite 111 | 253-530-8620

Olympia

422 Lilly Rd. NE | 360-252-3801

Puyallup

1700 5th St. SE | 253-848-8797

Puyallup/Sunrise: 11102 Sunrise Blvd. E, Suite 104 | 253-848-8797

Reserve an appointment at marybridge.org/urgent

Pediatric Virtual Urgent Care

Book a virtual visit at marybridge.org/virtual

Outpatient Locations

253-403-1419 or 800-552-1419

Tacoma

311 South L St.

316 Martin Luther King, Jr. Way

1005 South 5th St. (CAID)

1112 6th Ave., Suite 100 (Neurology)

1220 Division Ave.

1530 S Union Ave., #5 (Urology)

1909 S. 72nd St, Suite A1

(Occupational & Physical therapies)

Covington

17700 SE 272nd St., Suite 460

Federal Way

505 South 336th St., Suites 200 & 330

Gig Harbor

4700 Point Fosdick Dr., Suites 111 & 318

Lakewood

5700 100th St. SW (Neonatal Follow Up, Speech Therapy, Sensory Feeding)

Olympia

422 Lilly Rd.

3504 12th Ave. NE (Orthopedics)

Puyallup

402 15th Ave. SE (Therapy Center)

1700 5th St. SE

Renton

3600 Lind Ave. SW, Suite 160 (Therapy Center)

Silverdale

9800 Levin Rd. NW, Suite 208 (Eye Center and limited specialties)

Pediatric Primary Care

Auburn – Bonney Lake – Covington – Federal Way – Gig Harbor

Maple Valley – Olympia – Puyallup – Tacoma

For providers and location details, visit marybridge.org/pediatricians

