

Presentation of Community Health Needs Assessment

Community Health Needs Assessment (CHNA)

August 17th, 2023

Agenda

- CHNA Overview and Prioritization
- CHNA Community Engagement
- CHNA Data 2019- 2022
- 2022 CHNA Implementation Strategy
- Work That Was Done in Previous CHNA
- How You Can Support This Work

Community Health Needs- Assessment and Priority Setting

- A systematic process involving the community to identify and analyze **community health needs**.
- Community Health Needs Assessment (CHNA)
- Helps maintains 501(c)3 status.

Some of the requirements:

- Must be completed every 3 years.
- Must include community input.
- Must include **implementation strategies**.
- **Must be adopted by the authorized body of the hospital**
- Must be made published and made widely available.
- Must include impact evaluation of actions taken since immediately preceding CHNA



Pierce County Priorities

Mary Bridge Children's Priorities

- Behavioral Health
- Access to Care
- Maternal and Child Health
- Violence

Pierce County Priorities

- Behavioral Health
- Access to Care
- Maternal & Child Health
- Chronic Disease

How Priorities were selected

- By merging both Quantitative Data and Qualitative Data
- Qualitative Data consisted of Focus Groups, Key Informant Interviews, and the Mary Bridge Provider Survey,
- Quantitative Data consisted of health indicator data.

Data Measured In Community Health Assessment

Quantitative

Health Indicators:

- Demographics
- Leading Causes of Death
- Chronic Disease
- Physical Activity
- Medicaid Demographics and ED Utilization
- Access to Care
- Maternal and Child Health
- Injury and Violence
- Behavioral Health and Substance Use

Qualitative

Community Engagements:

Mary Bridge Provider Survey
Community workshops
Key leader interviews

Organization's That We Heard From Regarding Qualitative Data

Centro Latino

Clover Park School District/Lakes High School

Degrees of Change

Emergency Food Network

First 5 Fundamentals

Franklin Pierce School District

Graduate Tacoma

Greater Tacoma Community Foundation

Mary Bridge Children's

Oasis Youth Center

Pierce College

Pierce Transit

*Tacoma Area Coalition for
Individuals with Disabilities
(TACID)*

Tacoma Community College

Tacoma Housing Authority

*Tacoma Pierce County Coalition
to End Homelessness*

Tacoma Public Schools

Mary Bridge Provider Survey Questions

- What are the 3 biggest ongoing health concerns you have in your community?
- What 3 things would be most helpful to improve the health concerns of the population you serve?
- What are the 3 most significant barriers impacting your ability to provide services in the population you serve?
- For the population you serve, what are the top 3 barriers impacting your clients ability to access services?

How we chose our 2022 Priorities

Mary Bridge CHNA Priorities, Indicators, and Related Scoring

Note: our qualitative assessment resulted in 3 overarching domains: barriers to health care, insitutional and structural racism, and challenges meeting basic needs.

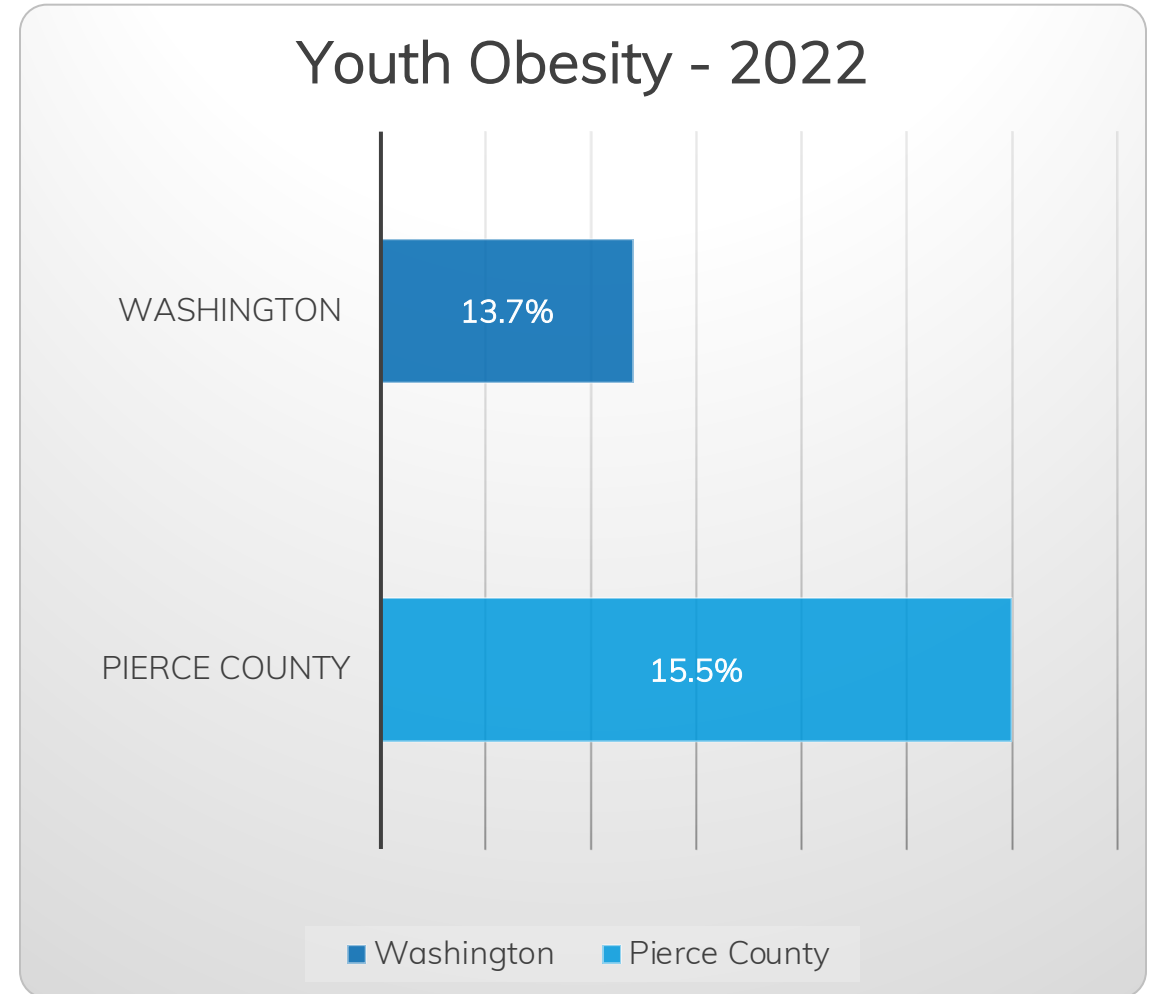
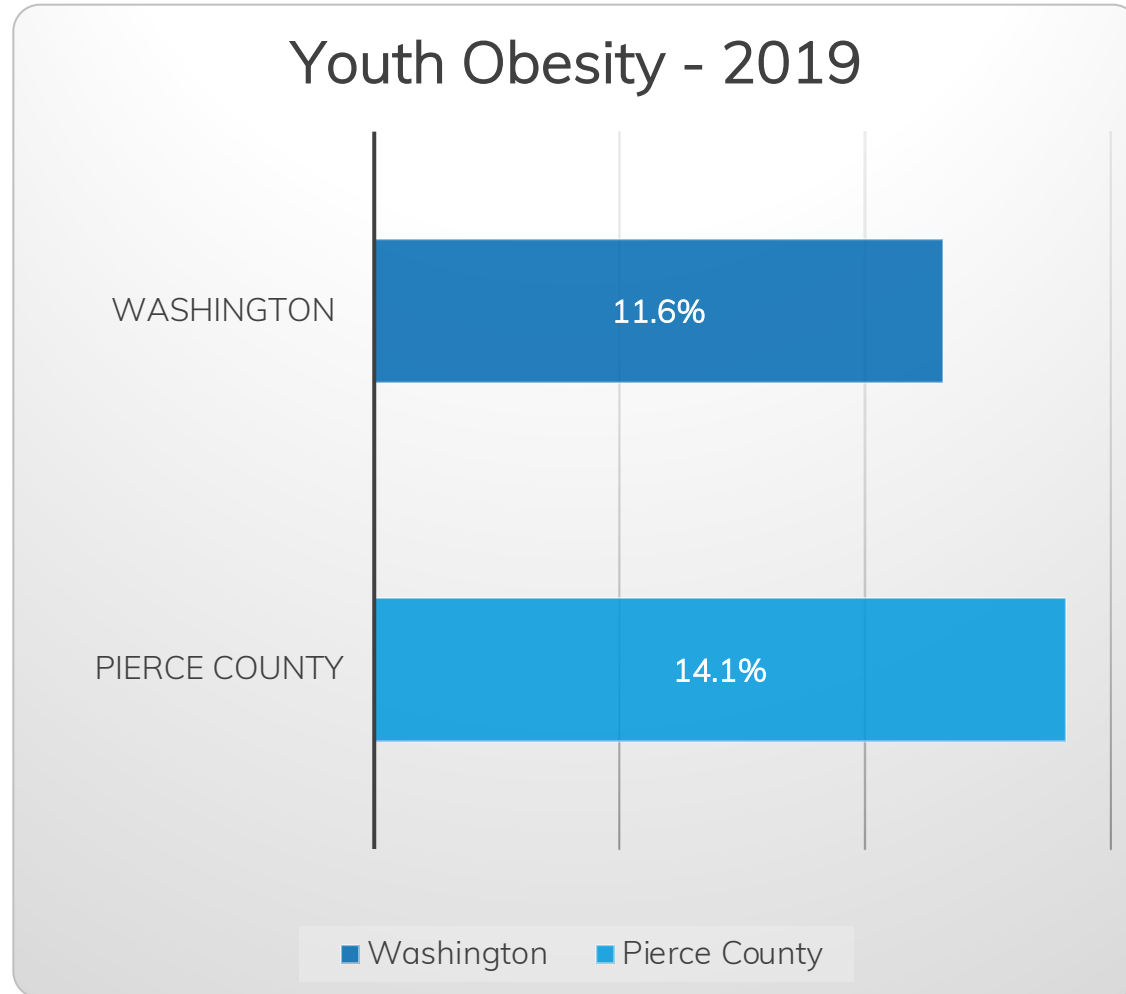
Priorities and Sub-priorities	Indicators	Scores*
BEHAVIORAL HEALTH:		
anxiety and depression	anxiety	3
	drug related deaths	3
	suicide	3
	attempted suicide	3
	depression	3
	marijuana use	3
	cigarette use	3
	e-cigarette use	3
	use of alcohol/marijuana/painkillers	3
	consumption of sugar-sweetened beverages	2
CHRONIC DISEASE:		
	disability	2
	leukemia	2
	brain and other nervous system cancer	2
	obesity	2
	asthma	2
	lymphomas	0
	bone cancer	0

Priorities and Sub-priorities	Indicators	Scores*
ACCESS TO CARE:		
prenatal care	prenatal care adaquacy	4
routine dental check-ups	routine dental care	3
	vaccination	2
	insurance coverage	1
VIOLENCE:		
child abuse and neglect	child abuse and neglect	4
	youth exposure to physical violence	3
	intentional injury hospitalization	3
MATERNAL AND CHILD HEALTH:		
low birth weight	low birth weight	3
infant mortality	infant mortality	3

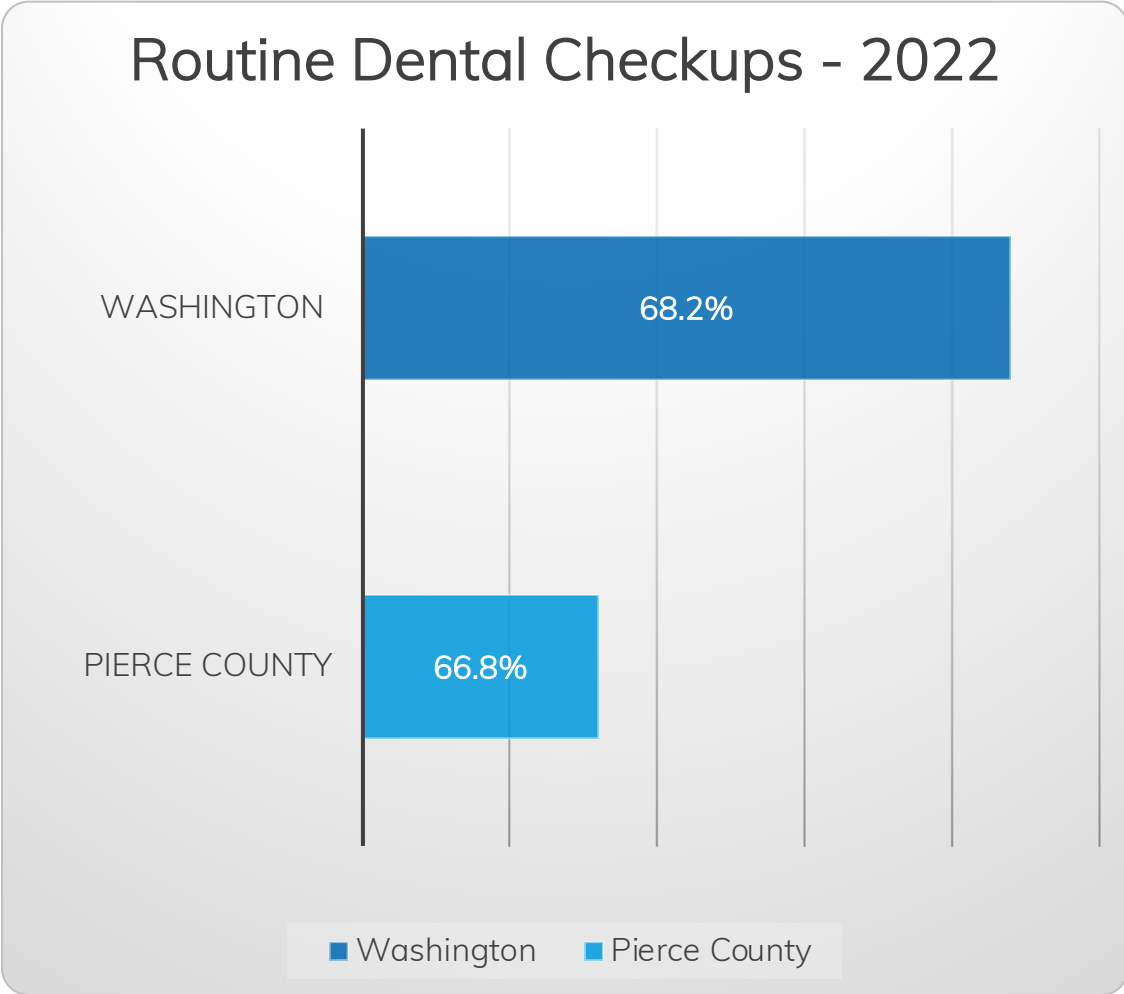
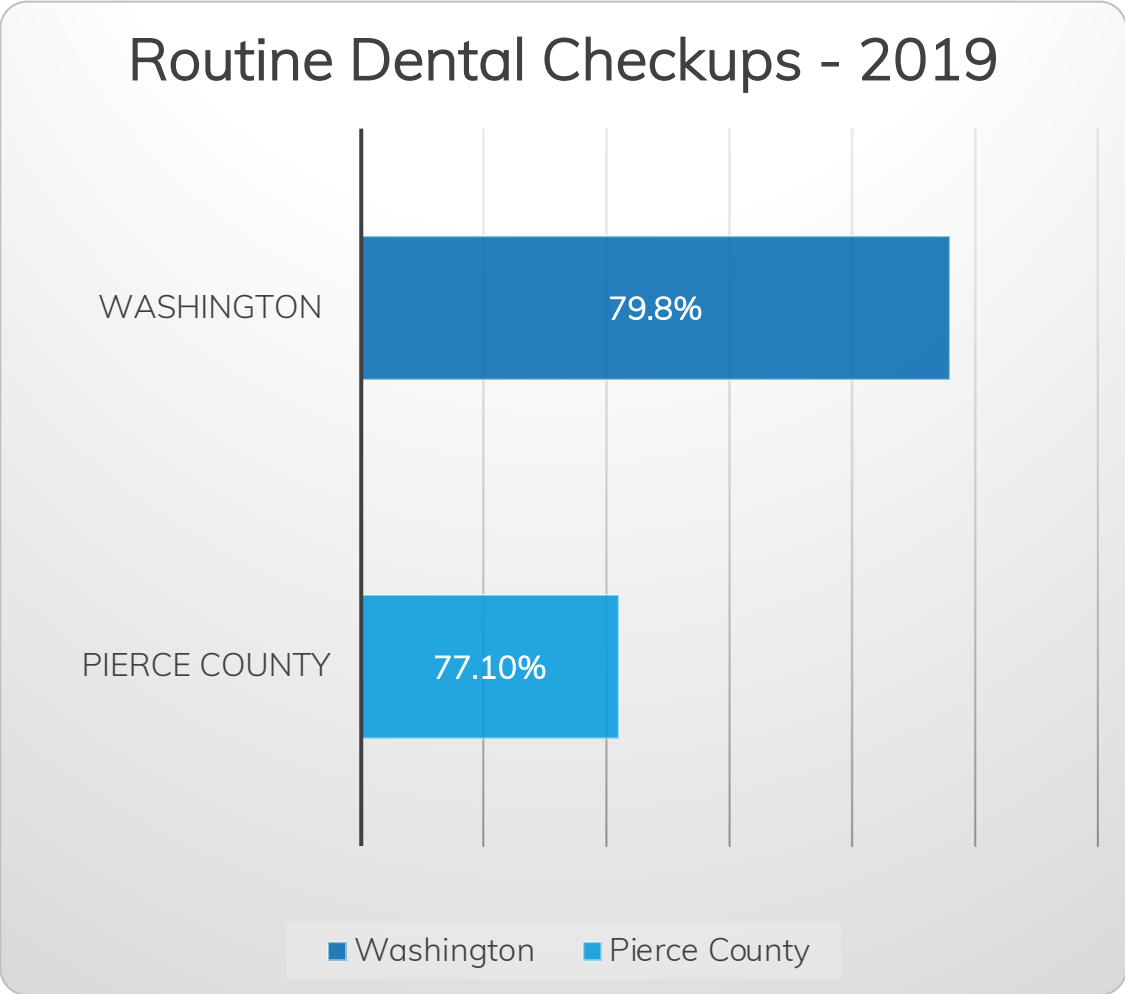
*scores represent the culmination of state/local disease burden, trends, association with qualitative domains, and association with health inequity

CHNA Data 2019- 2022

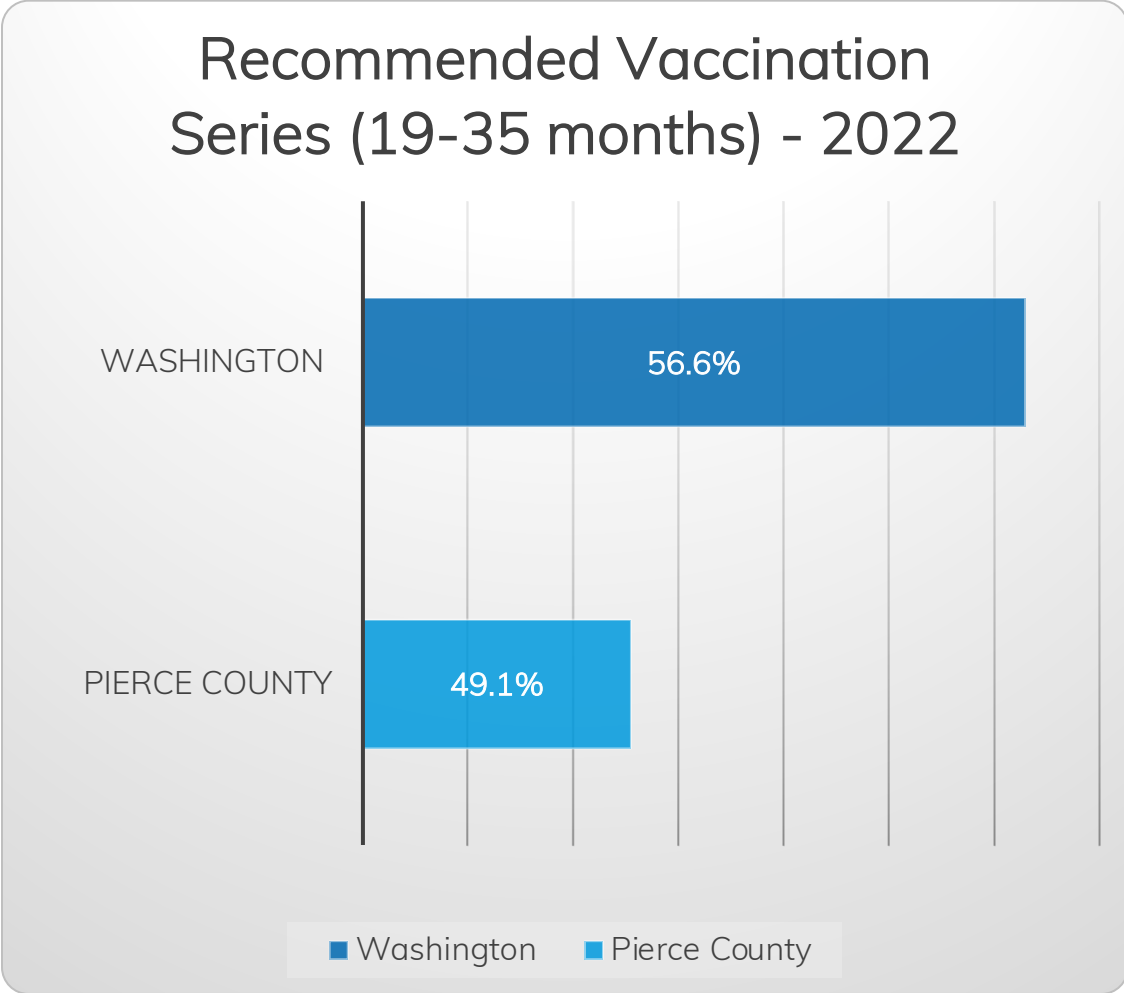
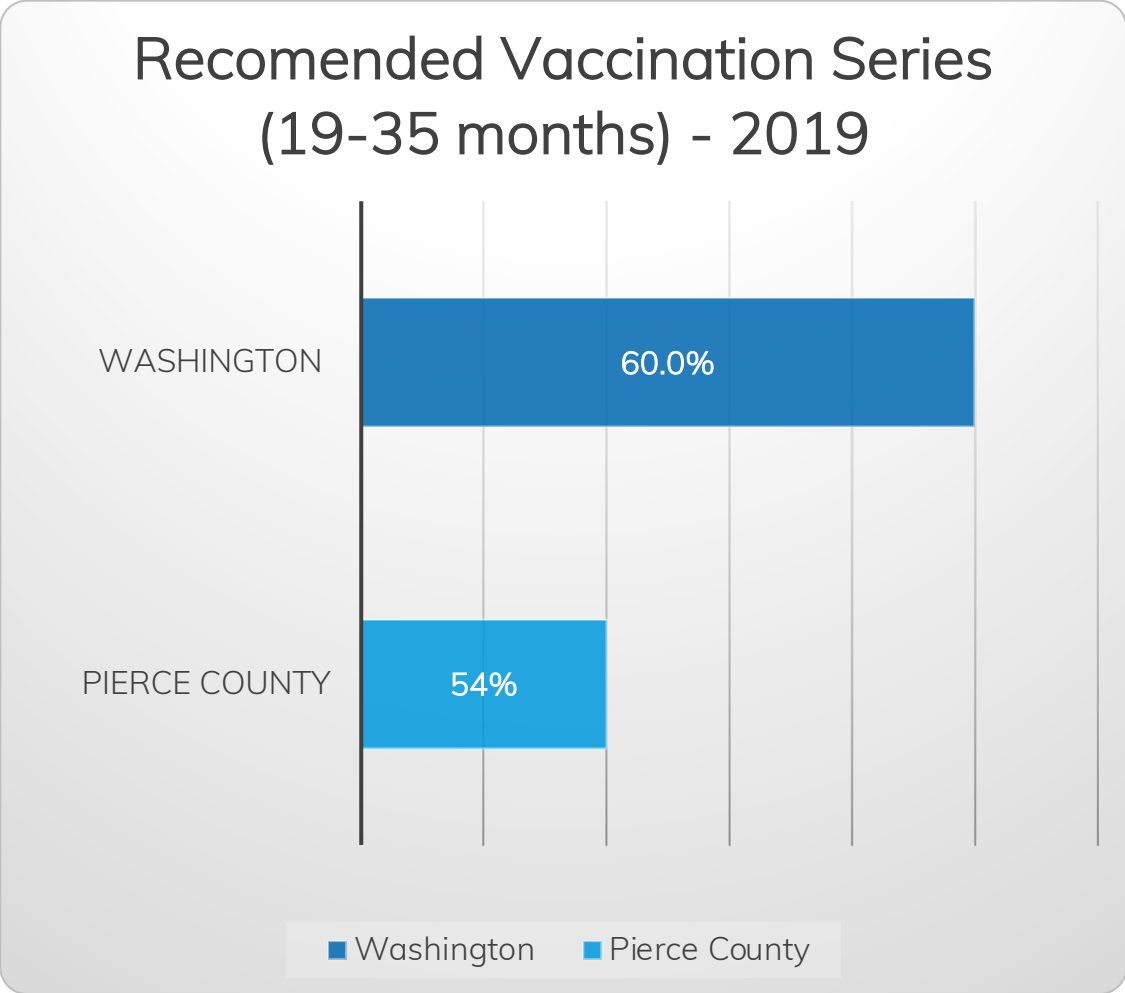
Youth Obesity (2019 and 2022 CHNA's)



Routine Dental Checkups (2019 and 2022 CHNA's)



Recommended Vaccination Series (2019 and 2022 CHNA's)



2022 Mary Bridge Community Health Needs Assessment Implementation Strategies



GOALS

1. Access to Health Care



2. Behavioral Health



3. Maternal and Child Health



4. Violence



STRATEGIES

- Continue to establish partnerships with school districts to target underserved communities.
- Continue to increase access to childhood immunizations in underserved communities.
- Promote MultiCare virtual care services for community members.
- Partner with agencies to provide health insurance application navigation and assistance.
- Work with MultiCare primary care and OBGYN to create strategies for increasing access and promoting healthy mothers and healthy babies.
- Continue to partner with community-based organizations like Sea Mar and Help Me Grow to increase access to care.
- Continue to provide free sports physicals for middle school through high school aged students.

- Increase behavioral health access and care coordination.
- Develop a multi-disciplinary team-based care model to address the complex needs of children and adolescents presenting to the MB EDs and on Med-Surg Units.
- Support MB Campus Planning program development and design, including Acute Ambulatory Crisis Services.
- Create centralized approach for care utilizing principles of the Collaborative Care Model (CoCM) for Primary Care and Specialty Care.
- Further development of Kids Mental Health Pierce County.
- Partner with Tacoma Public Schools to provide training to teachers and staff about behavioral health.
- Continue to Implement YES Tacoma
- Continue to expand on relationships with schools in order to address behavioral health.

- Promote Mary Bridge WIC at diverse community outreach events.
- Provide education and support to women who are pregnant or post-natal through Mary Bridge WIC program and offer these services in multiple languages.
- Connect pregnant women and mothers of neonates serviced by WIC to tobacco cessation resources and identify community resources to support families with infants who face food insecurity.
- Provide support services to mothers with history of SUD to promote healthy neurodevelopment in newborns.
- Refer clients to community resources that support healthy birth outcomes, such as Black Infant Health.
- Direct mothers to appropriate resources for assistance with Infant/Early Childhood mental health concerns and offer child safety education, including safe sleep guidelines, car seat safety, and prevention of falls from windows.
- Increase opportunities for virtual connection with specialists for mothers who have transportation challenges.
- Strengthen connection with Early Intervention to increase in home services for children birth to three needing neurodevelopmental support.
- Identify resources in the community for mothers facing domestic violence.
- Increase Reach Out and Read program at community locations to expand awareness of the importance of reading to newborns and provide more families with books.
- Advocate for community green spaces that support healthy development and stimulation for infant, toddlers, and their mothers.

- Partner with agencies to provide trauma informed services to child victims.
- Provide sexual abuse prevention training to school districts
- Provide psychoeducation support groups to non-offending caregivers of child abuse victims.
- Maintain the Pierce County Protocol for the investigation of child abuse.

Highlights

2019 Community Health Needs Assessment Implementation Strategies



Mary Bridge Mobile Immunization Clinic

To protect youth and our community from communicable diseases through vaccination and education.

- Provided all CDC recommended vaccines to children from 0-18 years of age at no charge.
- MB MIC is the only free clinic for children's vaccines in Pierce County, locations in Tacoma and Puyallup.

Between 2019 and 2022 , our goal was to increase the percentage of youth who have completed the recommended series of childhood immunizations.

Year	2020	2021	As of November 2022
# Childhood Vaccinations	2,005	4,994	5,916



MultiCare Bridges Center for Grieving

- Bridges is a grief support center serving families with children ages 4 through 18 who have experienced the death of a parent, sibling, relative or friend.

Year	2020	2021	As of November 2022
# of children served	826	2,158	1,888



Empowering Pregnancy and Motherhood

Empowering Pregnancy and Motherhood is a FREE support program for pregnant women and moms up to one year after delivery on their wellness journey.

Classes cover the following topics:

- Pregnancy and postpartum nutrition
- Physical activities safe for during and after pregnancy
- Strategies to create healthy family meals
- Lactation education and support
- Perinatal mental health education and support
- Childhood safety and immunizations
- Other various wellness topics

Program Highlights 2019 to 2022

- Total participant referrals: **2,100+**
- Switched from in-person education classes to developing a virtual platform to adjust to COVID restrictions and reduce participant barrier limitations
- Presented to WA state SNAP-ED forum to highlight program as only one of two in state focusing on this population
- Completely restructured program to one-time monthly lessons with community partnership involvement to provide holistic care topics for pregnancy, postpartum & parenthood
- Total partnerships (both internally and externally): 10+ Including: MultiCare Tacoma and Puyallup WIC, Korean Women's Association, YMCA, Mary Bridge Children's, Family Connects WA Pierce County



Unplanned Interventions



**How you can support this
work moving forward**

- Utilize CHNA Data in your work
- Consider 2022 CHNA priorities
- Partnerships are key
- Utilize CHNA Data in your work
- Visit www.multicare.com/chna

Mary Bridge Provider Survey
Questions

Thank You!