

Estimated "TIME TABLE" for Management of Cleft Lip and/or Palate

Birth - 1 Month

Referral to Maxillofacial Team
Genetic Assessment
Monitor feeding and growth
Meet with plastic surgeon

1 - 4 Months

Repair cleft lip
Hearing evaluation
Monitor middle ear status
Monitor feeding growth

5 - 15 Months

Monitor hearing
Assess ears
Repair cleft palate
Parent education regarding oral hygiene
Speech and language consultation

16 - 24 Months

Monitor hearing
Monitor middle ear status
Speech and language assessment

2 - 5 Years

Speech and language assessment
Monitor hearing
Assess and manage VPI as indicated
Lip and/or nasal surgery as needed
Assess development and adjustment
Monitor oral hygiene

6 - 11 Years

Speech and language assessment
Assess and manage VPI as indicated
Orthodontic interventions
Alveolar bone graft
Monitor oral hygiene
Monitor hearing and middle ear status

12 - 21 Years

Nasal revision as necessary
Jaw surgery as needed
Orthodontic interventions
Genetic counseling
Monitor hearing
Monitor oral hygiene
Speech and language assessment

Information compiled from Critical Elements of Care: Cleft Lip and Palate.

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